

NOVA SCOTIA HEALTH AUTHORITY
CENTRAL ZONE

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[REDACTED]
DOB: [REDACTED] Phone: [REDACTED]
PMI: PROVINCIAL MEDICAL
INSURANCE
WCB:

AMBULATORY CARE CLINIC LETTER
Cardiology Clinic
QEII Health Sciences Centre

VISIT DATE: 2022-Feb-11

Dear Dr. Butler:

Thank you for referring this pleasant 25-year-old gentleman. Following a Pfizer vaccine on November 13, 2021, a few days later he started to experience symptoms of chest pain described as a stinging pain 5/10, lasting up to 10 minutes. It used to be 4-5 times a week. He came into the emergency room and had a cardiac workup and the pain sounded pericardial worse with a deep breath and upon lying down. The symptoms improved and nowadays he gets usually in a week 1 episode, but certainly has been a significant improvement in the symptoms. No orthopnea or paroxysmal nocturnal dyspnea, no leg swelling, no palpitations.

CARDIAC RISK FACTORS: None. No family history of heart disease.

MEDICATIONS: None.

ALLERGIES: None.

On examination today, blood pressure 111/72, pulse 66, height 5 foot 10 inches, weight 73.2 kg, O2 sats 99%. Neck exam: Normal JVP, no carotid bruits. Cardiovascular exam unremarkable. Lungs are clear. Abdomen: No organomegaly. Extremities: No edema. Peripheral pulses were palpable, normal and equal bilaterally.

A 12-lead ECG showed sinus bradycardia 54 per minute, otherwise normal ECG.

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Page 1

Ambulatory Care Clinic Letter

CC: Butler, Todd

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Very likely, Mr. Anselm has pericarditis/myocarditis post MRNA vaccine. Echocardiogram done today was normal.

In the view the symptoms improved significantly I would not start anti-inflammatory therapy. I any change please let me know and I will be happy to reassess him.

I would not recommend him for a second dose and I am copying this to my colleague, Dr. Doug Hayami, who is our liaison for possible cardiac symptoms after COVID vaccination for further follow up.

I hope this is of help to you.

Yours sincerely,

Electronically authenticated by Hussein Kamel Beydoun MD FRCPC FACC on 16 Feb 2022 03:07:36 PM

Hussein Beydoun, MD, FRCPC, FACC
Attending Staff
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cc: Douglas Hayami
Hussein Beydoun MD FRCPC FACC <Referring>
Todd Butler NP